



“The Descent of the Holy Spirit In the Cenacle of the Apostles”...

FROM THE ACTS OF THE APOSTLES:

“And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were....And they were all filled with the holy Spirit...” (Acts 2:2, 4)¹

MEDITATION ON THE MYSTERY:

If we, too, all want to be full of the Holy Spirit like the Apostles, then we, too, must all be *assiduous and in agreement in prayer*, together with Mary, the mother of Jesus. (cf. SLC, p. 41)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- Regarding the descent of the Holy Spirit, St. Basil the Great says: “[The Holy Spirit] is not given in equal measure, but is granted according to the intensity of one’s faith.”
(BASILIO MAGNO, in *Uff. d. Lett.*, Mar. VII Sett. T.P. [unpublished translation by pfgsm])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...